





Recumbent Bike Features

Display Readouts Heart Rate Monitoring

- HR, Resistance Level, Time, Watts, Calories, Distance, RPM, Speed, Workout Summary, Workout Profile
- Polar®—coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required) Digital contact heart rate technology ensures precision and reliability

On—The—Fly

- Allows switching to other workout programs during exercise
- OptiTrain™ • Bike mode allows users to workout at a fixed resistance level regardless of pedal speed.

Power mode allows users to workout at a fixed workload measured in watts

Power Saving System

■ Energy saver mode is used to minimise power consumption (not exceeding 0.5W) which meets Erp EC 1275/2008 requirements

MYE Audio Kit Options

Optional accessories support MYE audio receiver

Uni—Dial™ Control

■ Complete access and control of user interface features and settings with the convenience of the Uni—Dial™

C—SAFE Standard Power
Standard C—SAFE power supports the power supply of external tools • Optional connectivity facilitates data transfer (available by demand)

C—SAFE Connectivity

Industrial grade 12" colour TFT LCD display for longer life time

Display Type

Large white light LED message centre easily provides all needed information

InCare™ Online

• Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi

Language

· 21 countries are offered

Screensaver

• Upload 10 image files for messages or commercial advertisements to be displayed during stand—by

Wi-Fi Capability

Supports InCare™ Online, software updates

USB Connectivity • For setting and software upgrade

Performance Features

3—Phase Generator

Self powered hybrid generator delivers consistent performance for a smooth and quiet workout

Belt Drive

■ Belt drive system for smoother, quieter performance. Minimise maintenance. Service made quick and easy

Bottom Bracket

High performance bottom bracket assembly with precision sealed ball bearing for exceptional performance

Maximum User Weight Maximum Watts

■ 181kg (400 lbs) ■ 640 Watts (Level 40 at 150 RPM)

Minimum Watts

■ 16 Watts (Level 1 at 20 RPM)

Resistance Levels

• 40 resistance levels meets new European EN957—5 standards.

User Height Range

■ 147—193cm (4'9" to 6'5")

Workout Options

Fitness Test

• Fitness test determines individual's fitness level based on VO2 max standards. Test method includes Astrand—Rhyming

Quick Start

Quick Start is a manual workout.

Advanced Program

• 10 Preset programs: 1:3 interval, 1:2 interval, 1:1 interval, 3 step interval, Easy Hill, Rolling Hills, Peak, Hill Step, HIIT Beginner, HIIT Advanced

Target Program

- 3 Target programs: Time (1—99 mins), Distance (1—99.9 km), Calories (10—2500 Kcals)
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HR Control

• 4 heart rate control programs in constant power mode—HR Zone, Interval, Hill, Cardio Strength

Race

• Race program offers a fun challenge by racing against existing champion for 1K, 2K, or 4K races

ComfortFit[™] Features

Accessories Holder

Conveniently placed accessories holder for portable music players and mobile phones

Frame

Robust frame structure designed to ensure stability and durability. Aluminum components create visual appeal and durability against corrosion. Low cross over design allows for ease of getting on and off the bike

Multi—function Handlebar • Ergonomically designed handlebar with integrated elbow support for maximum comfort in racing position. Handlebar integrated with contact HR and resistance adjustment buttons for ease of use during workout

Pedals

Ergonomic oversized pedals with grip and integrated straps for quick adjustments and pedaling comfort

Seat Adjustment

■ 1/2" incremental seat positions accommodate users from 147—193cm (4'9" to 6'5")

Seat Back and Saddle

■ Ergonomic seat back designed with ventilation, lumbar support and saddle delivers maximum comfort and support for the most rigorous workout

Water Bottle Holder

Dual water bottle holder supports 1 litre water bottles

Product Dimensions

Foot Print ■ L x W: 160 x 71cm (63 x 28")

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Product Net Weight • 104kg (229 lbs) 102kg (224 lbs)

■ L x W x H: 169 x 38 x 101cm (67 x 15 x 40") Shipping Dimensions

Shipping Gross Weight • 123kg (271 lbs) o 121kg (266 lbs)

o 450RBi2S Only